



# CLINICAL IMMUNOTHERAPY

## THE LATEST PROACTIVE SOLUTION AGAINST ALL CHRONIC DISEASES

August, 2016 - Westbury, NY: The central office of Linchitz Medical Wellness where Dr. Jesse A. Stoff has established a firm reputation for his success in treating (and reversing) a wide array of auto-immune disease cases. Patients from as far as India, Japan, Greece and Russia have sought out the medical expertise of Dr. Stoff due to his exemplary track record, his advanced technical research and his many published works about chronic diseases from cancer to diabetes to chronic fatigue and AIDS.

Dr. Stoff's 30-year medical crusade is founded under an INTEGRATIVE and HOLISTIC approach to battling diseases. By combining conventional medicine with alternative treatment philosophies, Dr. Stoff works with a much broader range of treatment options through "a perfect merging of good healing sciences targeting optimal health and keeping open to new paradigms."

Dr. Stoff is a board-certified physician and is accredited in a variety of different extensive studies from advanced stem cell therapy to the ancient art of acupuncture to his post-doctoral studies in clinical immunology. His many patients benefit from his specialized approach of working with a wide array of healing studies dedicated to holistic wellness, remission and minimizing the risk of recurrence.

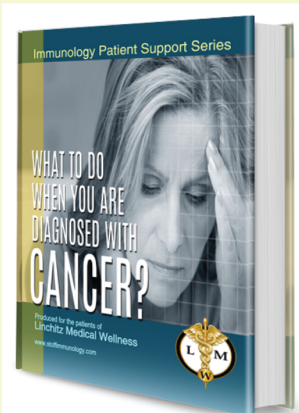
"Dr. Stoff is just so 'on-point' with everything," states Robert B.- husband of a recent patient. "His breadth of knowledge is so extensive on a subject so complicated... (such that) you need to be able to look at it from different points of view. I like that he's familiar with homeopathy and when he looks at the blood work-- he knows exactly what supplements or what treatment she needs." ■



DR. JESSE A. STOFF  
Linchitz Medical Wellness

### SUPPORTING THE BODY'S HEALING SYSTEM

As a clinical immunologist, Dr. Stoff helps patients with immune deficiency, allergy immunology, autoimmune diseases and cancer immunology. Science dictates the health of the immune system correlates to the risk of getting cancer and staying in remission. By using a variety of immunoactive agents, nutritional supplements and detoxifiers, Dr. Stoff endeavors to reconstitute the immune system so that it can re-engage in the healing process whether it be a situation of immune deficiency or an autoimmune disease. (to be continued on pg. 2)



### WHAT TO DO WHEN YOU ARE DIAGNOSED WITH CANCER

by: Dr. Jesse A. Stoff

There are several different divisions of clinical immunology- one of them is ONCOIMMUNOLOGY-- the treatment of cancer through the strengthening of the immune system. The type of patients I work with most are patients with severe and chronic diseases and are mostly cancer patients. Cancer by definition is an immune deficiency disease because if the immune system is functioning normally, it should protect us from getting cancer of any sort, regardless of what the stresses are. What happens for most people is as a result of things such as poor nutrition, infections, toxins, traumas & stress. In our daily life, when the body begins to get a little bit toxed-out, the immune system's efficiency may start to dip in terms of its ability to surveil and protect us from abnormal cells. (to be continued on pg. 2)



# IMMUNE DYSFUNCTION LEADS TO CHRONIC DISEASE

## SUPPORTING THE BODY'S HEALING SYSTEM (contd.)

Dr. Stoff's treatment approach often consists of: Immunoactive substances, an individualized diet program, nutritional supplementation to support the healing process and IV therapy to more quickly support your immune system & resolve nutritional deficiencies. He also relies on major laboratory testing to further clarify and diagnose problems and to identify issues of immune damage, toxins, stress, infection, nutritional deficiencies and biochemical imbalances.

**“ALL severe or chronic diseases have ... an element of immune dysfunction that is central to the disease process-”**

Dr. Stoff believes a healthy immune system is the best defense against severe or chronic diseases. "Once the tumor is put into remission," states Dr. Stoff, "let it be through chemotherapy, radiation, surgery, low-dose fractionated chemotherapy or immunotherapy, then the cancer over a period of time often has a tendency to try to recur because the thing that allowed the cancer to begin with ...has not been addressed-- and that very issue tends to cause damage to our immune system. So it behooves us to analyze the patient's immune system to identify and repair the damage that initially allowed the person to get cancer to begin with, and to restore its optimum performance so that it can actively seek and destroy any abnormal cells that may come back." ■



## WHAT TO DO WHEN YOU ARE DIAGNOSED WITH CANCER (contd.)

Long Island has been identified throughout the media as a cluster for autoimmune diseases & autoimmune thyroid diseases, specifically Hashimoto's thyroiditis. There have been a number of studies that actually look at the relationship between thyroid disease and cancer. And the direct relationship comes from the fact that the thyroid hormone is critical in stimulating the activity of certain cells that protect us from these abnormal cells. Certain cells called 'natural killer cells' and cytotoxic lymphocytes require thyroid hormone in its unadulterated form, in other words, not being attacked by antibodies, and not being too deficient in order to activate and to protect us from these abnormal cells. So there is a direct connection between thyroid issues and cancer problems.

### PRIORITY 1: WATER FILTRATION

I recommend for all my patients as a starting point that they get a water purifier and that they only drink either good quality bottled water (preferably in a glass bottle) or that they use a good filter. There are several good ones on the market, but you have to make sure to check the filter regularly to make sure that it's still working adequately for your needs. All the water you drink should be either filtered or bottled. If it comes from the tap it has to be

filtered, and you use that for drinking and for cooking purposes. For showering and bathing, that's another story and that's a bigger problem, and for that you're going to need a whole house filter. The first thing you need to do is to stop putting toxins into your system-- and take in more clean water. Clean water is critical from the point of view of detoxification and allowing the enzymes to get from point A to point B in as quickly a manner as they need to do.

### GO ORGANIC!

So next on our list, once we have the water situation covered, is to look at the kind of food that you're eating. I recommend that you should "eat organic" as much as possible. On Long Island, there are plenty of great sources for organic food. Out east, there are farms that are dedicated to growing only organic produce. Stores like Whole Foods & Wild By Nature are known to carry a large selection of fresh, organic produce. Also, if you're going to eat protein in the form of eggs, beef, pork (etc), they absolutely should be organic as well. Take the extra initiative and a little Google-searching to find a good butcher or health food stores in your area. Your diet should be as organic as possible- clean from any toxins such as pesticides, synthetic fertilizers, genetically modified growth methods & hormones. ■





### 2016 EcoTopics Report:

## ENVIRONMENTAL IMMUNOTOXINS

News and health media outlets are familiar with Dr. Stoffer's keen eye on 'what makes us sick'. A recent interview (5/26) with TV medical correspondent Dr. Steve Salvatore of a new health series called "Dr. Steve Investigates" kicks off its first episode featuring Dr. Stoffer's impressions on the state of health of our drinking water. They discussed Flint Michigan's water crisis as one of many contaminated areas in the U.S. – and exploring the various water filtration methods such as ionizers, carbon filters and reverse osmosis. "Environmental toxins can affect our bodies in many different ways", says Dr. Stoffer. "They have direct effects on our genetics and they can greatly suppress our immune system from protecting us against chronic diseases. In my practice, we see a wide range of cancers (most common being breast, lung and prostate) that are directly linked to our environmental immuno-toxins right here on Long Island." ■

## Does Being Cold REALLY Give You a Cold?

Being cold is a form of thermal stress on our system. Essentially, stress occurs when we are in some way expending energy faster than we can regenerate it at that moment. Sensing this imbalance, the body kicks in with a number of mechanisms to compensate and protect us.



When we are under physical or emotional stress, an increased amount of adrenaline is produced and released from the body- provoking the capability of "fight or flight". If the stress is more chronic, there would be an increased release of another adrenal hormone called **cortisol** (which gives us a higher stable level of energy, improved memory function and lower sensitivity to pain). But cortisol is also an immune suppressant- so as cortisol levels go up our immune function goes down. Since the final effects of the stress response have common pathways, if we generally have a stressful lifestyle, being in the cold can easily exhaust our resources and we get sick. The bottom line is that trying to warm up with Irish coffee won't help; it will actually make things worse. A better plan is to find peace and balance in your life, eat a good diet with as much organic foods as possible, take a good broad spectrum, natural source, multivitamin and some Cyto-Ess to support the immune system and let the body do what the body does best and that is to HEAL. (for more articles, visit our IMMUNOLOGY TODAY blogsite at: [www.ImmunologyBlogs.com](http://www.ImmunologyBlogs.com)) ■

## IMMUNE SYSTEM UPGRADE FROM WITHIN

Restoring our health and harmony is a matter of rebuilding the immune response. A functional immune system is based upon an intact biochemistry (hormones, enzymes etc.) -- functioning in complete "mind-body" balance to support the immune system as efficiently as is possible. They work together to protect us from all sorts of illnesses and keep us above ground on the shiny side of the grass that much longer. When we're looking at the immune system, it's actually a bridge between our biochemistry and a bridge in the sort of metaphysical sense to our higher self. Things like stress, our feelings of purpose and a reason to get out of bed in the morning-- all of these subtle impulses actually have a physical, biochemical effect on our body. That result is an immune system that's attuned to our hopes, dreams and even our aspirations. It protects us. It helps us to get there. It's a system that works through communication molecules and specialized cells to protect us. It's a bridge between life and death. It's a bridge where you can measure the activity of the immune system and predict when somebody's due to fall ill to somewhat severe or chronic illness. ■





# IN THE NEWS

## PHILANTHROPY- FUNDRAISING FOR RESEARCH & GRANTS FOR PATIENTS

Oct. 2016- Dr. Stoff reactivated a non-profit organization called S.I.M.R. (Stoff Institute for Medical Research) to conduct public awareness, educational campaigns and fundraising efforts for selected organizations as well as develop grant-finding resources for needy patients (see [www.stoffcharities.com](http://www.stoffcharities.com)).



Image courtesy of LLS

By the summer, Dr. Stoff and friends embarked on the first wave of fundraising for The Leukemia & Lymphoma Society. “Team Stoff” joined this year’s LIGHT THE NIGHT WALK- (10/15) an inspirational and memorable 2K walk where participants in nearly 200 communities across North America came together to support the cause by carrying illuminated lanterns to take steps to end blood cancers. “It’s an amazing experience to be part of such a beautiful event where it’s all about love and sharing- I’m here to support my many patients and all others who are exposed to this type of cancer,” says Dr. Stoff. He endorses

the Leukemia Lymphoma Society's efforts to fight cancer as an official LLS challenger group. More than seeking donations, members of Team Stoff pledged to share all LLS information and their objectives through digital networks and social media as part of the awareness objective. A reported 5000+ lanterns lit the night where each person brought even more family members and friends to fill Eisenhower Park with a night of complete support for survivors or lost loved ones. According to Kristina Curatolo, Sr. Director of Special Events, LLS anticipated to raise more than \$1.36 million from the event, where post-event activities are expected to bring in significant follow-up \$\$.

## “A Healthy IMMUNE SYSTEM is your BEST DEFENSE against CHRONIC DISEASES”

A well-functioning IMMUNE SYSTEM will protect us from any potential threat from outside our body as well as abnormalities from within. If disease occurs, it is often from a weakened or malfunctioning immune system. To help restore our health means rebuilding the immune response and supporting an intact biochemistry. The science of INTEGRATIVE MEDICINE addresses all health issues by adapting a globally expanded set of individualized treatment options including the widely recognized science of CLINICAL IMMUNOLOGY - methods to restore the immune system to support the body's ability to heal itself.

A healthy immune system can make the critical difference in the clinical outcome of therapy. Linchitz Medical Wellness has world renowned experts and the most advanced facilities to bring immune supportive therapies for people who are battling Cancer, Diabetes, Chronic Fatigue Syndrome, Thyroiditis and other Chronic Diseases. For cancer patients who are already in recovery, supporting the immune system can improve the length of remission.

**For more information,  
call 516.759.4200 today**



Our physicians are proud members of the following professional organizations



## LINCHITZ MEDICAL WELLNESS

Long Island's Leading Integrative Health Specialists since 1985

265 Post Ave. Westbury, NY 11590 516.759.4200 [www.LinchitzMedicalWellness.com](http://www.LinchitzMedicalWellness.com)